



**NECF**  
MALAYSIA

**40-Day Fast & Prayer 2010**  
8 August - 16 September





# UNITING THE GENERATIONS



**40-Day Fast & Prayer 2010**  
**8 August - 16 September**

**Hellooo kids!**  
**Welcome to the Fast & Prayer for 2010!!!**

Have you taken part in the 40 days of Praying & Fasting before?  
If you have, WELCOME back!  
If this is your FIRST time, welcome aboard!

This is a special event where Christians from all over Malaysia agree with one another to fast and pray at the same time of the year.

Whether one is 6 years old or 98 years old,  
one can take part in this event.  
Our great God, after, all does not look at age or shape....  
like whether you are young or old, short or tall, round or skinny...  
He looks deeper than that.... right into the heart.

Do you have a heart that wants to please God?  
Are you willing to pray and fast over what HE cares about?

# UNITING THE GENERATIONS FOR THE NATION!



I am praying a silent prayer for all of you now ... that God will speak to you through His Holy Spirit... that He will give you an open heart toward Him, and that He will help you make Him more important than anything else... even more important than yourself and what you want.

Yes, truly, God wants us to love Him with ALL our heart... with everything we've got... because He is God and we are His people! We need to love Him, and talk to Him, and listen to Him, and care for what HE cares about.

## So... are you ready??

It will be an exciting time throughout these 40 days... do you know why??

Because this will be a time for you to grow and get to know God better!

This will be a time when you can work with God and with other Christians to bring forth what HE wants for Malaysia!





# Make A Promise

40 days! That's a long time to be praying & fasting!

It is like a marathon... you will feel excited at the start... then fired up as you pray... then as the days go by, you may start feeling tired... bored... maybe excited again... then tired again... and then you finally see the finishing line... and you'll feel relieved and tired but happy that you have finished the race!

Praying & fasting is worth the time and effort, BUT it will be a challenge. So, it is VERY IMPORTANT that you make up your mind now that when you start, you will finish.

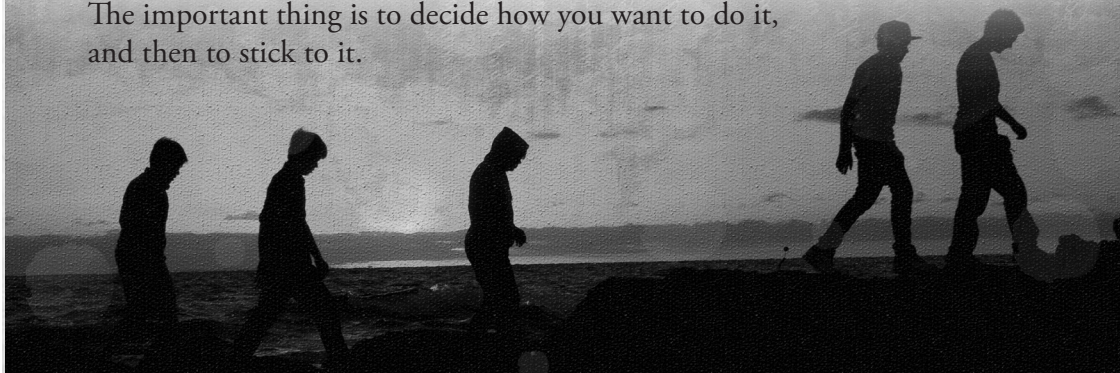
Helpful pointers as you pray & fast :

How much time a day will you talk to God?  
10 minutes? 20 minutes? Half an hour?

When you fast, what will you be fasting from?  
Normally, fasting means not taking any food or water. You don't have to skip all your meals if you're not sure whether you can make it.

Do you want to fast from breakfast? Or you could decide to skip your recess in school, or maybe lunch.

The important thing is to decide how you want to do it, and then to stick to it.



***What if I don't want to skip any meals? Is there any other way to fast?***

Yes, there is! You can also fast by giving up something you enjoy or like to do. It could be watching TV, or playing computer games, or listening to your I-pod. It could be just about anything... as long as it is something that you really like and decide to give up for 40 days.

## **The important thing about fasting is not what you fast from – but why you fast.**

We fast to show God we really mean what we say, and to remind ourselves that God is more important than all these things that we enjoy. Usually, when we miss the things we really like during our fast, we remember that those things are not the only important things in our life... we remember that God is also important and we need to listen to Him everyday.

To help you make it through these 40 days, I would like to suggest that you fill in the empty spaces below, as a promise to pray & fast for 40 days.

I also recommend one more thing – getting a friend / a brother or sister / a parent / a teacher to do this with you. When you are feeling like, “Aiya, too hungry!” or “I really want to watch TV!!”... your partner can say, “Nooo, keep going.. only 10 more days!”. When your partner is tired, you can be a big help too!

Take some time now to fill up this paragraph:

We, \_\_\_\_\_ (your name) and \_\_\_\_\_  
(partner's name), would like to make a promise to each other, to pray for at  
least \_\_\_\_\_ (specific time e.g. 10 minutes/ 20 minutes) a day, in  
the \_\_\_\_\_ (morning / afternoon / night) for 40 days.

We would also fast from \_\_\_\_\_ (specify e.g. breakfast / lunch /  
computer games /TV) every day and ask each other every \_\_\_\_\_  
(specific time or day e.g. every afternoon/ every Wednesday) how the other person  
is doing.

May God be with us, and help us every step of the way!

# A God of ALL Generations

“I’m not that important in church.”

Have you ever felt... “I don’t think the uncles and aunties in church need me. I can’t really do much”? Do you know that God thinks differently?

## *The Story Of The Israelites and The Land God Promised*

In the Bible, God used the young people when He wanted to bring the Israelites (God’s people) into a land He had promised them. During this time, God had brought the Israelites out from a country called Egypt. In Egypt, they were treated very badly, and were slaves to the Egyptians who were very powerful.

However, God already had a plan to rescue the Israelites from the Egyptians. He did many miracles and forced the Egyptians to let the Israelites go free. Now, the Israelites were slaves and so they did not have any place to go. But God already had big plans for them – He planned to give them a rich land, a place far away from Egypt.

When the Israelites were finally near this land that God promised them, they became very scared. They had sent 12 spies into this Promised Land, and 10 out of the 12 spies came back with bad news! They told the Israelites that the people in the land were huge and strong, and they felt like grasshoppers next to them! When the Israelites heard this, they were scared and said, “No, we won’t go in!”



How do you think God felt? He had already shown the Israelites how awesome He was... He even opened up the Red Sea for them! When God saw that the Israelites were scared and did not trust Him to help them, he was VERY ANGRY and decided not to let them have the land He had promised them. He told them to go back the other direction and said that He would never let them see this land.

God, however, is a God who remembers His promises. He still wanted to bless the Israelites because he had made a promise to their ancestors (meaning, their great-great great .....grandfathers). He said in Deuteronomy 7: 9, "Know therefore that the LORD your God is God; He is the faithful God, keeping His covenant of love to a thousand generations of those who love Him and keep his commands".

Because of this promise, God used the children of these Israelites... when they had grown up... to go into the Promised Land, and fight and win over their enemies. God's promise was fulfilled through the younger generation!



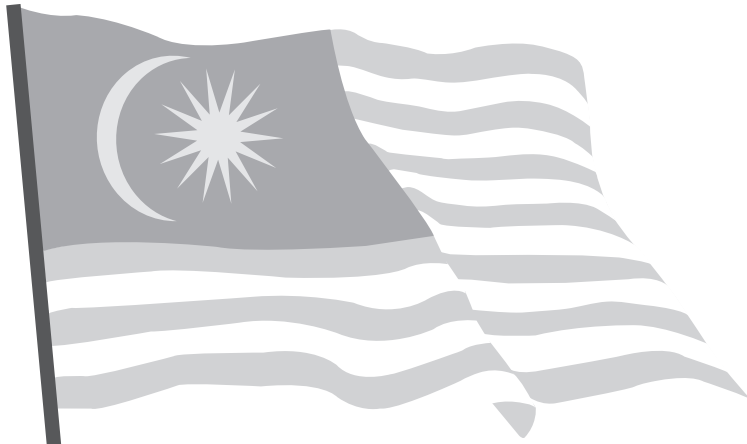
***What does this say about God??***

God is a God of all generations... and He still remembered the promises He made to the Israelites' great-great-great... grandfathers, and continued taking care of the Israelites many, many years after their grandfathers had passed away.

***What does this have to do with me??***

This has everything to do with you. God is not only the God of the uncles and aunties in church. He has plans for them – but not only for them... He also has plans for you! God is a big God, and His plans are much, much bigger than what we think... it is not only for us, not only for the older uncles and aunties... it is also for those who come after you!... yes, your children in time to come!

God is not only God of one generation (the uncles and aunties). God is God of your generation (everyone your age), and the generations after you (your children, and your children's children).



## IMPORTANT QUESTION

*What will be praying & fasting for this year?*

This year, we will concentrate on THREE important things:

- A GOOD RELATIONSHIP between the older and younger generations.
- THE NEEDS of both the older and younger generations.
- Together with the older generation, pray & fast for the IMPORTANT THINGS IN MALAYSIA.

God is a GOD OF ALL GENERATIONS, so both the older and younger generations must learn to love, respect and care for each another, and to work together for God's glory in Malaysia!



## Week 1: “Create in me a clean heart, O God. Renew a loyal spirit within me”. - Psalms 51:10

This week, let us ask God for the RIGHT ATTITUDE. God wants us to love and have a good relationship with the older generation. Sometimes this can be hard because they are different from you in how they think and talk.

We need God to change how we feel and think about them – let’s do what He says – to love one another... yes, and that includes the older uncles and aunties.

### 8 August, Sunday - God’s Order

*Pray: You will do things God’s way, not your way.*

Do you find it hard to listen to God sometimes? I do. Sometimes, doing it my way can seem much easier than doing it God’s way. I can lie a bit, keep the truth from someone, talk bad about someone I don’t like. But in the end, God seems further and further if I keep doing things my way... and I become worse and worse. Doing things God’s way can be hard... don’t lie, tell the truth, be good to those I don’t like... but in the end, I feel joy in my heart because I know that God is pleased and I feel much closer to God.

Ask God to help you do things His way, and not to be stubborn.

### 9 August, Monday - Honour God

*Pray: You will make God the most important thing in your life.*

Write down one thing that is very important to you:

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Is it more important than God?

If yes, ask God to help you make Him more important.



## 10 August, Tuesday - Honour One Another

*Pray: You will love and respect the older generation in church, even though they are different from you.*

Think of an aunty or uncle in church.

Write his/her name here: \_\_\_\_\_

Ask God to bless this person.

## 11 August, Wednesday - Forgive

*Pray: You will forgive anyone older than you who has made you angry or sad.*

Who has made you angry or sad? Can you think of anyone? Why did he or she make you feel like that?

Tell God how you feel. Ask God to help you stop wanting the person to pay for what he/she has done to you. God has forgiven all the wrong things you've done. You must also forgive the person.

## 12 August, Thursday - Be Humble

*Pray: You will not be proud, but have a good attitude towards those who are older than you.*

Being proud is thinking you are better than another person. It is easy to be proud if we are not careful. Are you too proud to mix around with the uncles and aunts in church? Do you think you are cooler than them? Do you find yourself thinking... "They don't know much about my life... there's nothing I can learn from them"? God is against those who are proud, and wants His children to be humble.

It's easy to be proud, but it isn't right to be proud. If you have been proud, ask God to forgive you. Ask God to help you be humble and have the right attitude towards the older generation.



### **13 August, Friday - Learn From One Another**

*Pray: You will learn from the older generation and help them when they need my help.*

Think of one good or useful thing you have learnt from an older person. Write it down: \_\_\_\_\_

Think of one thing you have helped an older person with.

Write it down: \_\_\_\_\_

Thank God for the things we can learn from one another. Ask God to help you be willing to learn from those older than you. Also, ask God to give you a helpful spirit.

### **14 August, Saturday - Be United**

*Pray: You will support and work together with the older generation so that together you will build a strong church.*

Although you are different from the older generation, you can still support and work together with them. God has a job for everyone to do, so we must work together to serve Him better. If we do not care about one another, how can we be strong Christians?

Ask God to help the younger and older generation to work together.

**"Create in me a  
clean heart, O God.  
Renew a loyal spirit  
within me."  
Psalms 51:10**

## A Message For Mommy

© Mandy K. Greger

Mommy please don't talk to daddy that way,  
Your words get meaner everyday  
I hate to hear you yell, and to see my daddy cry  
He knows you are sad and doesn't understand why  
You created me out of love, don't bring me up in hate,  
If you two can't make it, what shall be my fate?  
I know you love daddy, and can make things right,  
Just think of me the next time you get the urge to fight.  
Take his hand and hold it, as you two watch me grow,  
Don't forget this message mommy.

Love always,

Kylee Jo

Source: Mommy And Daddy Fighting, Parent Child Poems (<http://www.familyfriendpoems.com/family/poetry>)

This poem is about a girl who is worried because her parents keep arguing. She is letting her mommy know what she thinks.

## Are you worried about your family? Are you like the little girl in this poem?

If you are, God understands how you feel. Every time you cry, God understands. When you are sad, you must remember that God loves you and is taking care of you. There are many children who are angry with their parents because of the problems in their family.

## **Week 2: “The Lord is close to the brokenhearted; He rescues those whose spirits are crushed”. ~ Psalms 34:18**

This week, we are going to commit the FAMILY into God’s hands. Let us all pray for God to heal the families in our country.

### **15 August, Sunday - Hurting Families**

*Pray: God will heal the hurting families in Malaysia.*

Are there problems in your family?

Tell God about them. Give your problems to God.

1 Peter 5:7 says, “Give all your worries and cares to God, for He cares about you”.  
God is the person who loves you the most, so you can tell Him your problems.

Do you know anyone who has problems in their family?

Pray for this person. Ask God to help this person. Pray that He will heal his or her family.

### **16 August, Monday - Parents’ Relationship With Each Other**

*Pray: Parents in Malaysia will love each other, and God will protect their relationship.*

You can show your love to your parents by praying for them.

Thank God for giving you your parents, even if they have made mistakes.

Ask God to bless your parents, and make them happy together.

## 17 August, Tuesday - Parents' Relationship With Their Children

*Pray: Parents in Malaysia will love their children, and know how to get along with them.*

Do you get along well with your parents? Sometimes, do you feel your parents are unfair?

Tell God if you feel unhappy. Tell him why you feel like that.

Ask Him to help you love your parents and obey them, even when you don't feel like it.

Jesus also had parents when He was here on earth and He needed to obey them. One time, when He was 12, He stayed back in Jerusalem during an important festival because He wanted to talk to the leaders in the Jewish temple. His parents did not understand why He did that, and told Him off when they finally found him in the temple. Sometimes, parents may not understand everything we do. But like Jesus, we must continue to obey them because they are our parents.

## 18 August, Wednesday - Forgiveness and Peace

*Pray: God will help families in Malaysia forgive one another, and give them His peace.*

Do you need to forgive anyone in your family?

Maybe he or she was unfair to you, called you 'stupid', told a lie about you, hit you, broke something you liked, promised you something but did not do it... there are many things that you can be angry about and not want to forgive.

Ask God to show you who you haven't forgiven in your family. Ask Him to help you to forgive. We must forgive because God has forgiven us for all the wrong things we've done. God will give you His peace when you have forgiven the person.





## **19 August, Thursday - Strength and Hope**

*Pray: God will help hurting families in Malaysia be strong when they have problems, and comfort them with His hope.*

Do you have problems in your family? If you have, ask God to help your parents, brothers and sisters be strong. Don't forget to pray for yourself too!

If you know someone who has problems in his/her family, ask God to give him/her strength and hope.

## **20 August, Friday - Trust In God**

*Pray: Christian families in Malaysia who have problems will trust God.*

Even when things go wrong, we can trust God. He is a GOOD God, and will help us. He will not let you be alone.

Do you still trust God when things go wrong? Do you believe He is good and takes care of you?

If you cannot trust God, ask Him to help you trust Him. In Mark 9:14-29, there was a man who had a demon-possessed son. He asked Jesus to heal his son but only half-believed in Jesus. Jesus saw this man's problem, and said, "Anything is possible if a person believes". The man quickly asked Jesus to help him to believe! Ask God to help you trust Him.

## **21 August, Saturday - Blessing The Older Generation**

*Pray: God will bless the older generation in Malaysia, and give them strength, wisdom and peace!*

Do you care about those older than you? Do you know they are important to God too, and He wants them to be well?

God's family includes the older people too, and they need you to pray for them. Ask God to help you love those who are older than you; to think about them, and to care for them. Think of someone older than you that you have never prayed for. Write his or her name here: \_\_\_\_\_

Pray for this person. Ask God to help this person grow stronger in Him.





# A Woman of God Named Corrie Ten Boom

Have you heard of a woman named Corrie Ten Boom?

She was a woman of God, born 118 years ago!

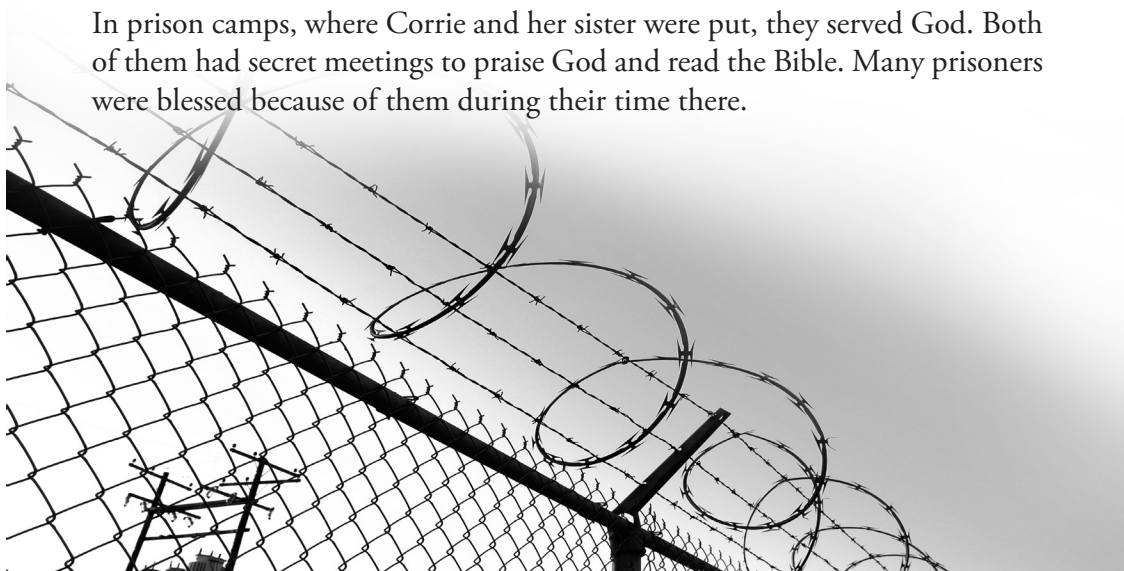
She was a great woman of God who served God during a war, in a country called Holland. She had great parents, who were Christians and kind to those who needed help. She also had a sister named Betsie. Corrie was not married, and was 48 when the war started.

During the war, many people were killing one another, especially the Jews. Corrie and her family helped many Jews escape from being killed. Her family even had a secret room inside their home for Jews to hide in safety.

One day, a man came into her father's shop, asking for help. They agreed to help, but found out later that the man had betrayed them! He was actually a spy, and he told their enemies what her family was doing.

Her whole family was caught, and her father died within 10 days because of an illness. Did Corrie give up on God at this time? No, she didn't. Instead, she kept on serving Him!

In prison camps, where Corrie and her sister were put, they served God. Both of them had secret meetings to praise God and read the Bible. Many prisoners were blessed because of them during their time there.



Sadly, her sister, Betsie, died in the camp from an illness. Before she died, she said to Corrie ...tell people our story! Tell them that in a deep hole of sadness and evil, God is even deeper!

Corrie was released from prison camp later on, and began traveling to tell everyone of what she had learnt in prison. She told people how great God was, and how they needed to forgive others.

After one meeting where she was telling people that God forgives, she unexpectedly met the guard who was in charge of her while in prison. He came up to her and asked, "Will you forgive me?" She was angry, and at first, did not want to shake his hand. But she knew that she needed to forgive him, because God had forgiven her of her sins.

She cried to God quietly, "Help me to forgive!" She put out her hand to shake his hand, and suddenly, she felt God's forgiveness flood through her heart. She said loudly, "I forgive you, brother! With all my heart!" She held his hand for a long time. Later on, she said she had never felt God's love so strongly in her life before. God had helped her forgive her enemy.

*forgive*

Note: A prison camp is a place where people who are considered "dangerous" by the government are placed. During the war, these prisoners included people who did not agree with the government's wicked actions, and those the government considered 'useless'.

## IMPORTANT QUESTION

### *Do you like the story of Corrie Ten Boom?*

It is not just a story, it is something that really happened. God is looking for people like Corrie, who would obey Him and love the people around them. Even though Corrie's life was hard, and she could have blamed God many times for her hardship, she still obeyed Him and served Him. God gave her the strength to obey Him, and in the end, she was more blessed than if she had chosen not to serve Him.

### *Do you think you can become like Corrie Ten Boom?*

I don't know myself, but I would want to! With God, ALL things are possible.



## **Week 3: “Then Jesus said to his disciples, ‘If any of you want to be my follower, you must turn from your selfish ways, take up your cross, and follow me.’ ~ Matthew 16: 24**

This week, let us pray for WHOLE-HEARTED Christians, who would serve God just like Corrie Ten Boom. God does not want half a heart – He is pleased with those who obey Him completely.

### **22 August, Sunday - Leaders**

*Pray: God will protect Christian leaders from harm, and keep them strong in Him.*

Christian leaders need a lot of prayer because they need to take care of God's people and help them grow. Sometimes, they become tired, and they need God to give them strength and wisdom to continue serving Him.

Do you know a Christian leader in your church?

Write this person's name here: \_\_\_\_\_

What does this person do? Ask God to give this Christian leader wisdom to do his/her job. Ask God to give this leader joy and strength to serve Him.

## 23 August, Monday - Children

*Pray: Children in Malaysia will want to know God and give their whole heart to Him.*

God loves children and wants them to know Him. When Jesus' disciples stopped some children from seeing Him, Jesus actually scolded them! He also said that anyone who causes a child to turn against God will be in very big trouble. Do you see how much God loves you? It is in God's heart for children everywhere to know Him and to give their hearts to Him.

Have you given your heart to Jesus? Not only half a heart, but your whole heart. If not, why don't you pray this prayer with me...

Dear God, I want to give my whole heart to you. I don't want to obey You only half of the time, but ALL of the time. Help me Lord Jesus to make You my Lord. Help me to talk to you, and to get to know You. I thank You that You are listening to me right now, and I believe that You will do what I ask, because it is what You want too. In Jesus' Mighty name I pray. AMEN.

God is pleased with you if you prayed this from your heart!!

## 24 August, Tuesday - Youths

*Pray: Youths in church will stay close to God and make Him their Lord.*

Youths are those between 13 and 21 years old. Do you know anyone in church who is in this age group? Write the person's name here: \_\_\_\_\_

Pray that this person will stay close to God and obey Him with his/ her whole heart. Pray that this person will not give his/her heart to someone or something else, but will give it to Him.



## **25 August, Wednesday - Young Adults**

*Pray: Young Adults in church will make God their Lord, and will serve Him with their whole heart.*

Young Adults are those who are in their 20s. These Young Adults need a lot of prayer because most of them have just started working or are looking for jobs. They have a lot of worries because everything is new to them, and there are many things to learn.

Pray that they will not worry and think about their problems, but they will trust God to help them. Pray also that they will put God first in their work, and not be too busy to serve God at work or in church.

They really need a lot of prayer to make God first in their lives.

## **26 August, Thursday - Adults**

*Pray: Adults in church will continue to serve God, and will know how to help the younger people in church.*

Think of an adult in your church, and write his/her name here: \_\_\_\_\_

Pray for this adult. Pray that: 1) He/she will stay strong in God 2) will not become tired in serving Him and 3) will know how to lead others to God.

Adults have many responsibilities, and need your prayers!

## **27 August, Friday - Seniors**

*Pray: Seniors in church will continue serving God, and not grow tired in serving Him.*

Seniors are those who are 55 years old and above. Many of them have served God for a long time and want to stop. They need a lot of prayer too because they are usually too tired to keep serving God, or they feel sad that they can't do as many things as they used to do before.

Pray that the seniors will have extra strength and joy to serve God. Also pray that they will continue to be excited about Him!



## 28 August, Saturday - Singles

*Pray: The singles (those who are not married) in church will give their time, heart and energy to God.*

The singles have a special place in church because they can do what the married people cannot do. They can give more time and energy to God, and can help those who need to take care of their families and don't have much time to serve in church.

Pray that the singles in church will put their heart into serving God, and not other things. Pray God will give them joy in serving Him.



**"Then Jesus said to his disciples,  
'If any of you want to be my follower,  
you must turn from your selfish ways,  
take up your cross, and follow me.'"**

**Matthew 16: 24**



## A Joshua Generation

Do you still remember what we talked about earlier about the Israelites?

The Israelites who were brought out of Egypt were brought to the land God promised them. But when God wanted to give the land to them, what did they do? They complained and said it was impossible!

God was very angry and did not allow them to have the land. Instead, He let them wander around in the desert until they were old and died. However, God remembered His promise to their great-great-great... grandfathers, to make them a strong people. So, God continued with His promise... and waited for the younger generation to grow up and take the land.

Now, only the younger generation could have what God had promised. The older generation could not.... except 2 people. Do you still remember the 12 spies who were sent to look at the Promised Land? Ten of them came back and said it was impossible, that the enemy was so big they felt like grasshoppers! But there were 2 spies who were different... do you know what their names are? Joshua and Caleb!

Joshua and Caleb were not like their other 10 friends. Their 10 friends said, 'No, it's impossible! We can't beat the enemy!' But Joshua and Caleb said the exact opposite! They said, "No, we can definitely do it! Let's go in and beat the enemy!"

Why did they say that? Why were they not afraid of the giants in the Promised Land?

The answer is this: They could see someone much bigger and more awesome than the giants in the Promised Land. They could see God!

God was the One who brought them out of Egypt. God was the One who opened up the Red Sea for them. God was the One who appeared to them in a pillar of fire. Can you imagine a pillar of fire near you? God showed them how awesome He was, so their eyes were looking at God!

They were different from everyone else because they knew where to look. This is a very important lesson to learn. Look at the right thing! If you look at God – you will feel very brave! But if you look at your problem – you will feel very scared!

So remember this: Every time you see a problem... don't look at it, look at God! If God is with you, who can beat you??

In the end, Joshua and Caleb received everything God had promised – because they looked at God.

Can you guess what this is?

\_\_\_ o \_\_\_ t \_\_\_ G \_\_\_ , n \_\_\_ \_ h e p \_\_\_ o \_\_\_ l e \_\_\_ !  
(Answer is on the last page)

E  
LOOK  
AGAIN

## Week 4: “If God is for us, who can ever be against us?” ~ Romans 8:31b

This week, we are going to pray for important things in Malaysia. Let us be like Joshua and Caleb who looked at God and not the problem. When we do this, God will move with us!

### 29 August, Sunday - Christian Students In School

*Pray: Christian students will be a good influence*

In school, Christian students meet many friends who are not Christians. Some of them may be rude, or make fun of their friends. Christian students should remember what God has taught them - to be good to others and respect those older than them. Rather than following their friends in doing the wrong things, they should do what is right. This will help their friends do the right thing. Just like Joshua and Caleb, Christians in school don't have to follow others if they are wrong – they can be different and do right!

Do you find it hard to do the right thing? Do your friends laugh at you when you don't want to join them?

Tell God how you feel. Ask God to help you do the right thing. It is better to please God than to please others.

Do you have any Christian friend in school who find it hard to do the right thing? Think of one person. Write his/her name here: \_\_\_\_\_

Ask God to help this person do the right thing.

RIGHT  
AND WRONG

### **30 August, Monday - Christian Teachers**

*Pray: There will be more Christian teachers in school who will serve Him.*

There are not many Christian teachers in school now. Schools in Malaysia need Christian teachers to tell students about God, and to teach them values God is pleased with. Christian students also need Christian teachers to encourage them to be a good influence in school.

Do you know a Christian teacher in your school? Write his/her name here:

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Ask God to give this teacher a big heart to serve Him. Also ask God to give this teacher wisdom to know how to help and care for students.

### **31 August, Tuesday - The Internet**

*Pray: Christians will be a good influence on the Internet.*

Most young people surf the Internet daily and they are influenced by many different things. The Internet needs more Christians who are able to post creative, fun and interesting things that will teach young people godly values!

Pray that God will bless Christians with awesome ideas and creativity so they will be a good influence on the Internet!

### **1 September, Wednesday - Television, Music and The Cinema**

*Pray: Christians will make a positive difference in television, music and the cinema.*

Television, music and the cinema powerfully influence many people, young or old. More Christians are needed to come up with programmes, movies and music that have godly values so they would be a good example and influence on people everywhere!

Thank God that He is very creative, and is able to bless Christians with awesome skills! Pray that He will provide Christians with talents and ideas to make a difference in television, music and the cinema. Also, pray that God will open the a way for Christians to go into these areas.

## **2 September, Thursday - National Service**

*Pray: National Service will help younger people love the country and love one another.*

Teenagers who are 17 years old are chosen by the government to train at National Service camps. At these camps, the teens learn how to love the country and to get along with teens of other races.

Pray that God will use the National Service to help change the younger generation so they will be thankful for Malaysia and one another. Also pray that they will be safe at the National Service camps. Sometimes, accidents and problems happen.

## **3 September, Friday - Youths In Sabah and Sarawak**

*Pray: God will protect the Bumiputera christian youths in Sabah & Sarawak from being influenced by other religions.*

Many Bumiputera christian youths in Sabah & Sarawak have people asking them to change religions. They need our prayers to be strong Christians and to know God's Word well. Also pray that other Christians will encourage them and be a good example to them.

Let us stand by our Bumiputera christian youths and pray for God to work mightily among them!

## **4 September, Saturday - Wealth**

*Pray: Christians in Malaysia will be thankful to God for their wealth and serve God with it.*

In the Bible, God says that when we are rich, we should not be proud and forget Him. We should not think that we have achieved our wealth with our own strength and cleverness. This is because although we work hard for our wealth, it is God who allows us to become rich. Deuteronomy 8:18a says, "Remember the Lord your God. He is the one who gives you power to be successful." It is important to thank God for His blessing!

Pray that Christians who are blessed with wealth will be thankful to God and not be proud. Also pray that they will put God first and serve Him with the wealth God blesses them with!



# He's Able!

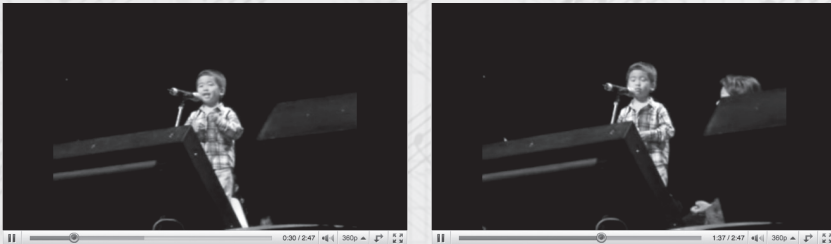
There's a very simple song that I used to sing in Sunday School... it's called "He's Able!"... I thought of it this morning and was surprised that I could remember every word!

Why don't you go on YouTube and check this video out. You'll need to type in this link: <http://www.youtube.com/watch?v=4VdZeMSDTXQ>

Or an easier way is to:

- 1) Go to [www.google.com](http://www.google.com)
- 2) Type in 'He's Able Daniel Lee'
- 3) Click on the link and watch the YouTube video.

The video shows a little boy named Daniel Lee, singing the song. See if you can figure out what he's singing...



*Caption: Screenshots of the video.*

He's able, He's able,  
I \_\_\_\_\_ He's able,  
I know \_\_\_\_\_ is able to \_\_\_\_\_ through.  
He heals the \_\_\_\_\_,  
And He sets the \_\_\_\_\_ free,  
He makes the \_\_\_\_\_ to walk again,  
And He causes the \_\_\_\_\_ to see!  
*(Answers are on the last page)*

...isn't he cute?



## Figure this out!

Hope = 4673

Directions:

- 1) Take out your cell phone.
- 2) Open up a blank text message page.
- 3) Press these numbers: 4673 (Make sure you're on 'dictionary mode')

Get it?

John **7375433**, "If you have **896 744787**, **4483 663** to the **7667**. If you **4283** food, **74273** it with **84673** who **273 486479**."

*(Answer is on the last page)*

The verse above was John's reply to those who wanted to be right with God.

Being kind to the poor and helping them is something God really cares about. The people Jesus was talking about were those who were sick, hungry, lonely and sad.

If we spend time with God and receive His love into our hearts, we will understand God's heart for those who are poor, needy and treated unfairly.

In Malaysia, there are many hurting people who really need Jesus. We know God and have received His hope and love, so God wants us to help those who are in need. Jesus says in Matthew 25: 40b, "I tell you the truth, when you did it to one of the least of these my brothers and sisters, you were doing it to me!"

We can start helping them by praying & fasting for these hurting people.

**Week 5: “The Lord has anointed me to bring good news to the poor. He has sent me to comfort the brokenhearted and to proclaim that captives will be released and prisoners will be freed. He has sent me to tell those who mourn that the time of the Lord’s favour has come.” ~ Isaiah 61: 1b–2a**

This week, we are going to pray for those who are WEAK and SUFFERING.

**5 September, Sunday - The Poor**

*Pray: Christians will see how important it is for them to help the poor.*

God cares a lot about the poor people. In Malaysia, there are many people who don't have enough clothes to wear or food to eat. Their houses do not have enough rooms to fit everyone in... and some do not even have houses!

There are many ways of helping the poor: donating your clothes or giving money to charity through the church... or buying food for those you see are hungry. You can also pray for their needs and ask God to show you how to help them. Do remember one thing: Always ask an adult when you are helping a stranger. Even though it's important to help, you must also be careful because some people pretend to need help but actually are not honest.

Pray and ask God to show you one way of helping those who are poor. Ask God to help you see how difficult their life is and help you to be generous!



## 6 September, Monday - The Immigrants

*Pray: Christians will be kind to the immigrants (those living here who are not Malaysians) and help them with their needs.*

There are many immigrants in Malaysia. The ones you are most familiar with are probably your *kakak*, or a friend's *kakak*. Usually, they are from other countries such as Indonesia or the Philippines. Some of the poorer immigrants work as security guards, cleaners and waiters. Some immigrants are illegal and stay in our country in fear. Sadly, some of our local people treat these illegal immigrants unfairly because they know they cannot go to the government for help.

Do you know an immigrant? Pray for this person. Ask God to bless this person, and provide him/her with enough food, clothes and money. Also pray that God will keep this person safe.

## 7 September, Tuesday - The Elderly

*Pray: The elderly in Malaysia will be cared for and loved by their children or relatives.*

Most of the elderly in Malaysia have stopped working and need to depend on their children or relatives to care for them. They usually have a lot of time and sometimes feel lonely if no one talks to them or spends time with them. Some are sick and need their children or relatives to take extra care of them.

Think of an elderly person you know. It could be your grandma or grandpa or an older relative. It could also be a neighbour you know, or someone you've met. Pray for him/her. Ask God to give this person strength and joy. Pray that his/her children or relatives will care for this person, spending time with him/her and treating him/her with respect and love.

God cares for the elderly and wants them to be appreciated and taken care of!

UNITY AROUND US

## 8 September, Wednesday - Child Abuse

*Pray: God will protect children from being abused by sending more people to help them.*

Sadly, there are many children in Malaysia who are wrongly treated by those who should take care of them. Some of these children are beaten up badly, and they do not know how to get help.

Pray for more people to help the abused children. Pray that God will send help quickly, and that the abusers will be punished. Also pray that the abused children will get better and have people to love and care for them.

## 9 September, Thursday - Abortion

*Pray: Abortion (the killing of unborn babies) will stop in Malaysia.*

Abortion is a sad thing because babies are killed before they are even born. Some mothers abort their babies because they are not yet married or they do not have enough money to take care of the baby. However, killing the unborn baby is still taking away its life and that is wrong.

Pray that God will help the mothers make the right decision not to abort their babies. Also pray for enough money and help for these mothers who decide to keep their babies.



**HUNGRY**



## 10 September, Friday - Lost Youths

*Pray: The young people who are “trouble-makers” for breaking the law will change and stop their wrong way of life.*

Some young people are “trouble-makers” and do a lot of things that are wrong. They do things like steal, destroy public property, make a lot of noise at night and drive their cars or motorbikes recklessly. These young people usually come from unhappy homes where their families do not care much about them or do not have time for them.

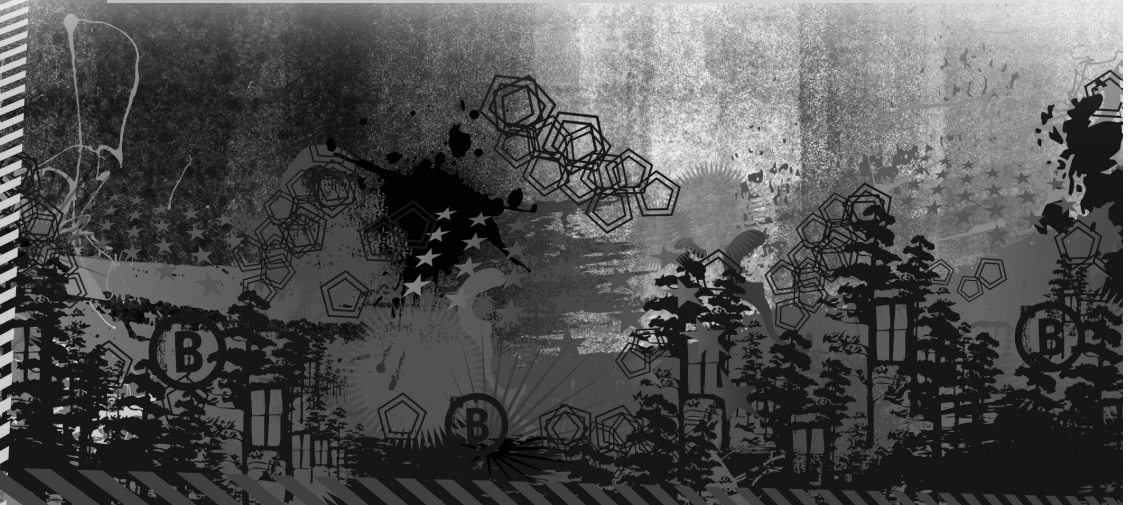
Let us pray that God will help these young people choose to do the right thing. Ask God to help them find a better way to let go of their anger and unhappiness. Ask God to send more people to help them.

## 11 September, Saturday - Drug Addicts

*Pray: More people will help drugs addicts stop their bad habit.*

Drug addicts find it hard to stop this bad habit, which gives them a lot of problems. They put their lives in danger because taking drugs destroys the body. They may also do dangerous or wrong things under the influence of drugs.

Pray that there will be more people who have the heart and knowledge to help drug addicts. Also pray that drug addicts will want to change and stop this bad habit.



## The Next Generation

Let's get back to the story of Joshua and Caleb...

Joshua and Caleb were different from their 10 friends. They were not scared to go into the Promised Land and fight their enemies... do you remember why?

They looked at God and not the problem!

Joshua and Caleb were allowed to go into the Promised Land, but all the other Israelites who were the same age as Joshua and Caleb were not allowed to go. Only the children of these Israelites (the younger generation) were allowed to go into the Promised Land.

So in the end, who went into the Promised Land?

Only Joshua and Caleb, and the younger generation!

They became the next generation of Israelites to go into the Promised Land, and receive everything God had promised!

Joshua became the leader of the next generation of Israelites who would go into the Promised Land.

### ***Before going into the Promised Land...***

Moses did two things to help this generation. First, he encouraged Joshua in his new job. Second, he advised the next generation of Israelites on what they must do.

An important advice Moses gave them was this: They must follow God's commands with their **WHOLE HEART** and they must repeat these commands again and again to their children.



***Why did they need to repeat these commands again and again to their children?***

Moses said, “Keep in mind that I am not talking now to your children, who have never experienced the discipline of the Lord your God or seen His greatness and His strong hand and powerful arm... but you have seen the Lord perform all these mighty deeds with your own eyes!”

***So, this is what we can learn...***

Just like Joshua and the next generation of Israelites who learnt from Moses, we also need to learn from the uncles and aunties in church, who are the older generation.

The older generation has wisdom that can help us.

Also, when you become older in future, you need to pass on your wisdom about God to your children! Just like Joshua and the next generation of Israelites who learnt things that their children hadn't learnt, you also need to tell your children about all that you have learnt! Why? So they won't make the same mistakes! And so that they will do well!

This is the LAST WEEK of our Fast & Prayer... I am sooooo proud of you guys! Let us finish this Fast & Prayer well and continue praying with even more energy!

## Week 6: “Come, my children, and listen to me, and I will teach you to fear the Lord” ~ Psalms 34:11

This week, we will be praying for both the older and younger generation Christians. We will pray that the older generation will TEACH the younger generation (us)... and that the younger generation will LEARN from the older generation.

### 12 September, Sunday - Children To Be Willing To Learn From The Adults

*Pray: The younger generation will be humble so they can learn from the older generation.*

Write the names of 3 Christian teachers in your church/school:

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Ask God to help you listen to what they teach you about Him.

### 13 September, Monday - Adults To Be Willing To Teach The Children

*Pray: God will give the older generation the heart to teach the younger generation.*

Pray that:

- They will see that teaching young people is very important.
- They will give their time to teach young people.
- They will have courage to teach young people.
- God will give them energy and joy.

# TEACH & LEARN

## **14 September, Tuesday - God To Give Adults Wisdom**

*Pray: The older generation will know what they should teach the younger generation and what is the best way to help the younger generation learn.*

Pray for your teachers in church. Pray that God will give them great lessons to teach that will help you grow. Also pray that they will know how to make the lessons fun and easy to remember!

## **15 September, Wednesday - God To Give Children Understanding**

*Pray: The younger generation will understand how to apply what the older generation teaches them.*

Do you know how to use what your teachers have taught you?

Pray that God will help you understand quickly and correctly the lessons you've learnt from your teachers. Pray that you will know how to use it everyday - in school, at home, or anywhere else!

## **16 September, Thursday (1Malaysia Day!!) - Adults and Children will work together for God!**

*Pray: The older and younger generations will respect and love one another, and can work together for God!*

This is our very LAST DAY of fasting and praying. It is also our 1Malaysia Day! Selamat 1Malaysia!!

Today, we will pray a powerful prayer... that God will bring the older and younger generations together.

Pray that God will help the older and younger generations be HUMBLE and RESPECT one another. Pray that both generations will be HELPFUL to one another. Pray that they will GROW together and LOVE one another so that those who see us will praise our FATHER IN HEAVEN! And in Jesus' precious name we pray, AMEN!!



## CONGRATULATIONS!!

You have completed 40 DAYS of Fasting & Praying!!  
I am very, very proud of you!!!

Why don't you pray a Closing Prayer with your partner.

**Thank you Father for this great journey of Fasting & Praying. Thank you for my partner, that we could help each other to fight the good fight of Fasting & Praying. Thank you that we have grown closer to You, and that You have spoken to our hearts through the Holy Spirit. We bless Your name, Father God! Amen.**

This was a great journey of Fasting & Praying.

Now that you have formed a good habit of praying EVERY DAY about what MATTERS TO GOD, don't break your good habit! KEEP AT IT... so that you can KEEP GROWING... and grow up into STRONG & COURAGEOUS MEN AND WOMEN OF GOD. Do I hear an AMEN??

Okay, see you next year!!

# ANSWERS

## ***Week 4 – A Joshua Generation***

Look to God, not the problem!

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## ***Week 5 – He's Able!***

He's able, He's able,  
I know He's able,  
I know my Lord is able to carry me through.  
He heals the broken hearted,  
And He sets the captives free,  
He makes the lame to walk again,  
And He causes the blind to see!

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## ***Week 5 – Figure this out!***

Luke 3:11 (New Living Translation)

John replied, "If you have two shirts, give one to the poor. If you have food, share it with those who are hungry."



# UNITING THE GENERATIONS

**Sow in your meal savings.  
Use the envelope provided.**

**Note: For more information on individual states and federal territories, please log on to our website.**

**Necf**  
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